

ACTIVE 2010 - 6 X 1 MILE PREDICTION WALK

Wednesday, July 14, 2010.

Walk begins no later than 5:45 pm across from the Deep River Arena on McElligott Dr.

COMPETITORS MUST ARRIVE BY 5:30 PM

FAX 613-584-3237

RULES

1. Each team must provide a timer, recorder and STOP WATCH.
2. Return entry form to Recreation Office, Municipal Building, Box 400, Deep River, by **12 noon on Friday, July 9, 2010.**
3. There is an entry fee of \$30.00 per team.
4. Walkers must report to the registration area across from the Deep River Arena on McElligott Dr. by 5:30 pm on Wednesday, July 14, 2010 and the race will begin no later than 5:45 pm.
5. Each team must consist of SIX walkers. Teams with five or less walkers will be disqualified.
6. Please study the route carefully (see reverse) – Back Lane to Glendale Avenue is to be used.
7. The female and male single walker with the closest prediction time will receive a medallion.
8. The team with the closest prediction time to complete the race will receive medallions.
9. For further information contact the Recreation Office (613) 584-2000. ext. 103

The Recreation Department recognizes and appreciates the dedicated volunteers who come out every year to help with programs and events. This is an excellent opportunity for high school students to receive volunteer hours, so if you or anyone you know are interested in volunteering please give the Deep River Recreation Department a call at (613) 584-2000 ext 103

1st ANNUAL 6 X 1 MILE PREDICTION WALK

TEAM NAME _____ TIMER _____ RECORDER _____

NAME	ADDRESS	PHONE #	AGE	PREDICTION
1.				
2.				
3.				
4.				
5.				
6.				
Total				

TEAM CONTACT	MAILING ADDRESS	BOX #	PHONE #	EMAIL